the SELF-AWARE LEADER

The Self-Aware Leader 2024 Virtual Development Program

SUMMARY

6-month virtual program from January to June 2024

Middle manager development; 3.5-4 hours per month

Content/assessment based on *The Self-Aware Leader*

Diverse team of faculty, hosted by Dan Gallagher

Monthly meetings: 2-hour class + 1-hour coaching circle

28 participants, 7 full scholarships; 4 coaching circles

Jan. 12 registration deadline

GALLAGHER LEADERSHIP

THE FOCUS

Self-awareness is about slowing yourself down to speed yourself up. It's about being deeply attentive to your surroundings so you can be informed and intentional. It's about seeing details that create direction, drive work, and rally teams. Self-awareness is a game-changing leadership skill that accelerates productivity, engagement, and inclusion.

THE MODEL

The Self-Aware Leader model connects three reinventions to four validated behaviors. The reinventions focus leaders on what their next pivot is and why, and the four core behaviors focus on the activation and the how.

THE AUDIENCE

Participants are middle managers with a baseline understanding of and experience in core leadership practices as a manager of people and/or an individual contributor. The class size is capped at 28 participants. Seven full scholarships are offered to nonprofit organizations and/or diverse leaders.

THE SELF-AWARE LEADER MODEL

Above average support system & network

Proficiency in systems & critical thinking

Business

Others

Self

Courageous drive for magis

Savvy perspective of political landscape

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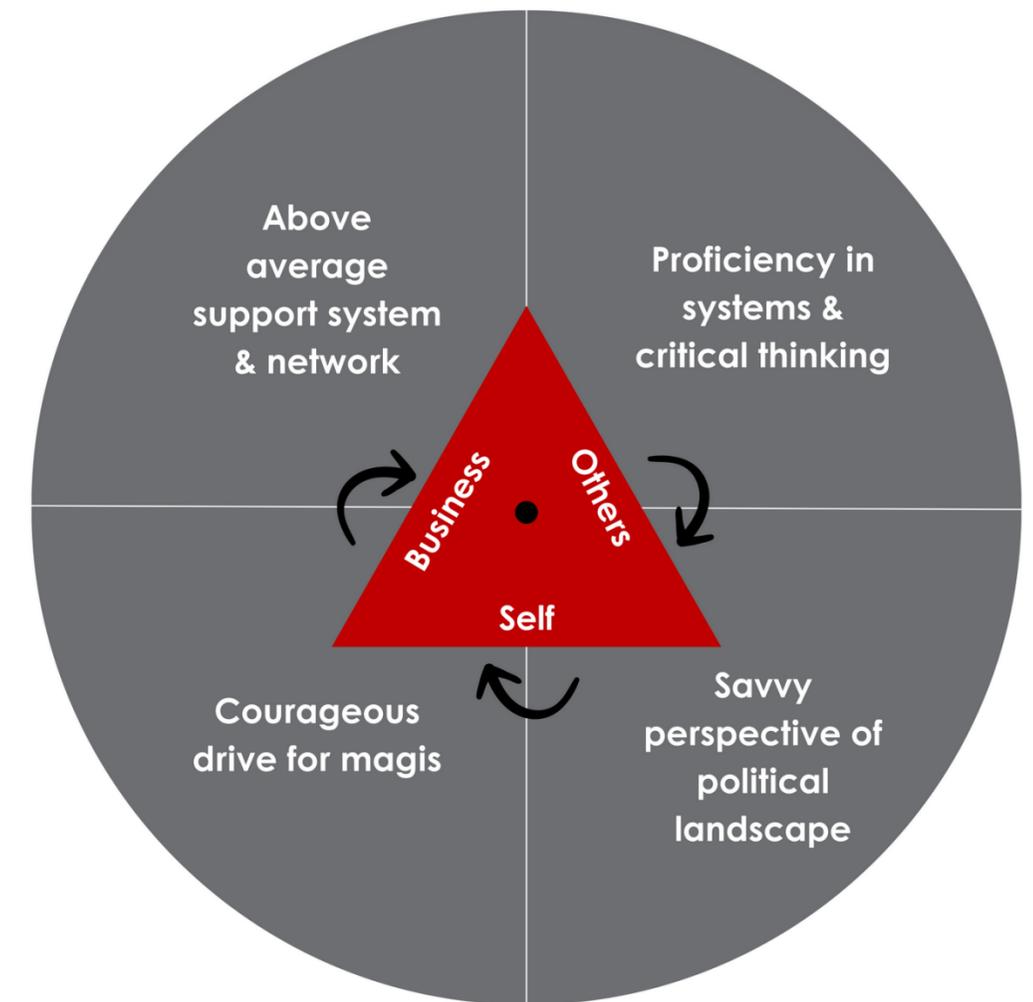
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THE DESIGN

This 6-month virtual experience is focused on the mindset and the behaviors of a self-aware leader. The focused, creative, and meaningful design centers on relevant learnings and practical applications. Participants will dedicate 3.5-4 hours of their time per month.

Design highlights include:

- Six live 2-hour modules for six months, each with a 20-minute primer video plus reflection exercises for pre- and post-work
- Facilitated coaching circles (~7 participants) for all breakout exercises, plus six 1-hour monthly group coaching sessions to process learning + application
- A 1-hour 1x1 coaching session with Dan at the end of the learning experience with an option for additional 1x1 coaching
- Copy of *The Self-Aware Leader* book included with registration to provide additional context and followup for each session
- An option to include your manager via communications about what is being learned and how they can support the application of learnings
- An option for a train-the-trainer program, content license, and custom in-house delivery

DATES + TIMES

- Modules: (M1) Jan. 25, (M2) Feb. 15, (M3) Mar. 7, (M4) Apr. 11, (M5) May 9, and (M6) Jun. 6, from 12-2 pm ET
- Coaching Circles: (M1) Feb. 2 or 5, (M2) Feb. 23 or 26, (M3) Mar. 15 or 18, (M4) Apr. 19 or 22, (M5) May 17 or 20, and (M6) Jun. 13 or 14; 1 hour each

Generosity Quotient ®

Opportunity

Champion	**Catalyst**

Support ———————— Ideas

Confidant	**Coach**

Time

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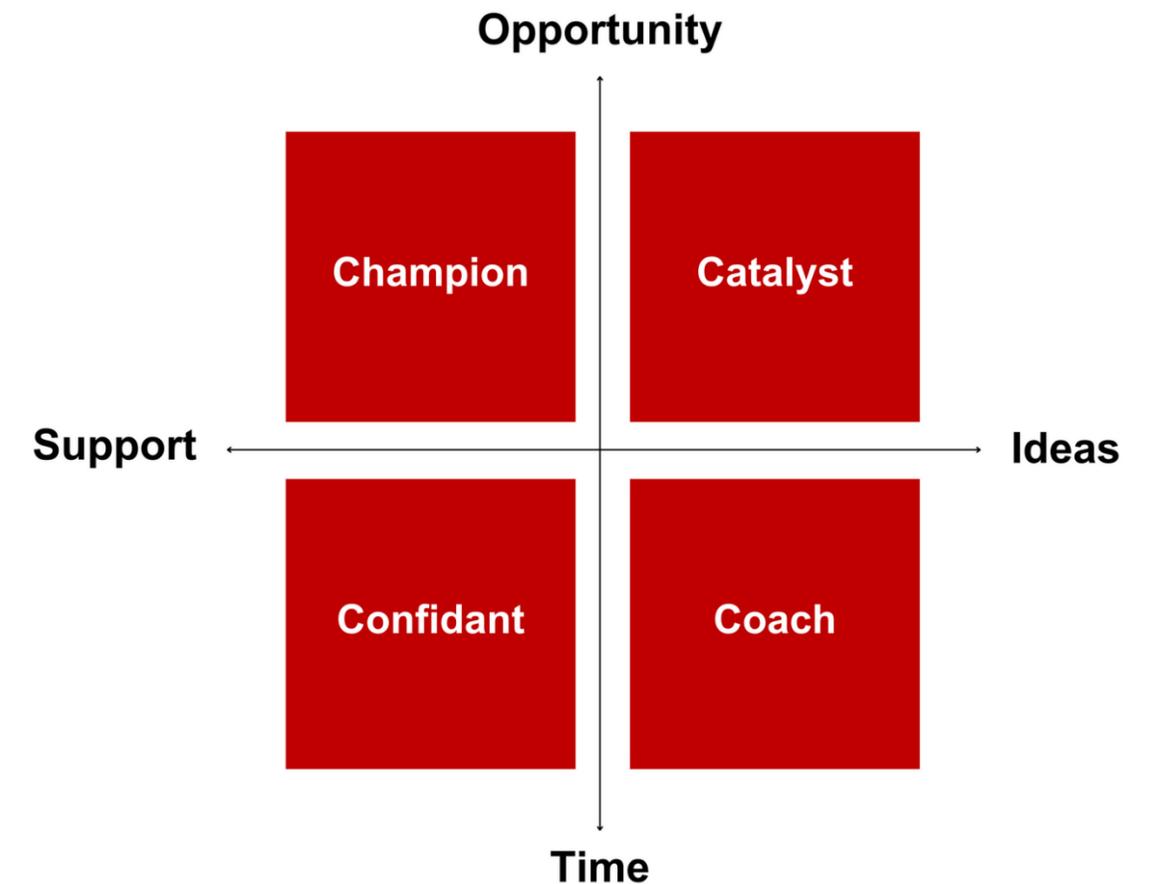
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	FOCUS	DESCRIPTION	LARGE GROUP	COACHING CIRCLE
JANUARY	Orientation + Introduction to SAL	An intro to each other, the foundation of self-awareness/reinvention, and the challenges/opportunities of being in middle management	Thursday, January 25 12 noon - 2 p.m. EST	1-hr mtg w/ Dan February 2 or 5
FEBRUARY	The SAL Model: The Four Core Behaviors	A double-click on each of the core behaviors including the what, how, why, and when for understanding and applying each	Thursday, February 15 12 noon - 2 p.m. EST	1-hr mtg w/ Dan February 23 or 26
MARCH	Professional Authenticity + Inclusive Leadership	The centering on being true to self and how self-awareness drives psychological safety and connects mindset + moments	Thursday, March 7 12 noon - 2 p.m. EST	1-hr mtg w/ Dan March 15 or 18
APRIL	Coaching + Generosity Quotient®	The push/pull levers of coaching and how the ability, capacity, and willingness to give impacts leadership momentum	Thursday, April 11 12 noon - 2 p.m. EDT	1-hr mtg w/ Dan April 19 or 22
MAY	Thinking Like a GM + Profitable Imagination	The roles of leader and how a GM mindset includes working backwards, pinpointing, and balancing people/tasks	Thursday, May 9 12 noon - 2 p.m. EDT	1-hr mtg w/ Dan May 17 or 20
JUNE	Graduation + Action Planning	A focus on connecting growth in self-awareness to learning and individual/group development plans plus career goals	Thursday, June 6 12 noon - 2 p.m. EDT	1-hr mtg w/ Dan June 13 or 14
Q2 2024	1x1 Coaching with Dan	An optional 1-hour 1x1 coaching session focused on your key learnings and next steps in your development	Not applicable	Not applicable

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FACULTY

Dan Gallagher will be the primary facilitator for all six sessions. Additional thought leaders scheduled to participate in this learning journey include:

DAN GALLAGHER

Inclusive Talent + Transformation Executive; Founder + CEO, Gallagher Leadership, LLC; Author, *The Self-Aware Leader*; former talent executive + operational leader, Comcast

JAN: PHILLIP HAYES

Philanthropist; Entrepreneur; DEI Champion; former Chief Audit Executive, The Vanguard Group

FEB: RON DUFRESNE, PH.D.

Chair + Management Professor, Saint Joseph's University; former US Army Officer; graduate, United States Military Academy at West Point

MAR: GEORGE HO

Co-Founder at Vityl; Professor, Georgetown + USC; Founding Partner, Greater Human Capital; former Deloitte consultant

APR: SENA OWEREKO

Senior Strategist & Consultant – Programming, Innovation & DEI; Certified DMC, CTC, CMSC
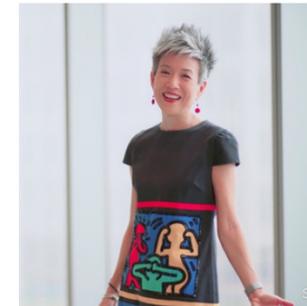
MAY: SUSAN JIN DAVIS

Social Impact Officer; former Chief Sustainability Officer, Comcast NBCUniversal; CSR/ESG/DEI Speaker + Thought Leader

JUN: DANA BAND

Founder + CEO, Dana Band Group; Presentation Specialist; Lecturer, The Wharton School; former Sales + Learning Mgr., Xerox

The Self-Aware Leader 2024 Virtual Development Program

PRICING

OPTION A:
Development Program

- A comprehensive 6-month virtual leadership development experience
- One leader participating in six monthly modules and six monthly coaching circles

$4,500

Per Person

OPTION B:
Development Program
+ 1x1 Coaching

- Option A + additional 1x1 coaching with Dan
- Four additional 1-hr coaching sessions + four 30-minute stakeholder interviews

$8,000

Per Person

OPTION C:
Custom + Private

- Train-the-Trainer + Content License
- Custom design + private delivery of *The Self-Aware Leader* program inside your organization

Custom

Registration Deadline

January 12, 2024

Gallagher Leadership Overview

The Intersection of Talent + Transformation

Gallagher Leadership provides a comprehensive portfolio of consulting, coaching, and development experiences to drive growth. Our work focuses on individual, team, and organizational self-awareness to activate sustainable leadership momentum that inclusively balances the voice of the business, the customer, and the team.

CONSULTING
Fractional + Project Based

- Thought leadership and delivery resources embedded in teams and projects
- Alignment of talent strategy to business plan in development, launch, and adoption
- Operating rhythm to drive accountability, inclusion, and interdependence

COACHING
Leadership + Career

- 1x1 executive or team coaching for onboarding, performance, team alignment, and/or leadership style coaching
- Career coaching for talent programs and/or individuals
- Coaching grounded in validated model with use of self-assessment and discovery interviews

DEVELOPMENT
Programs + Cohorts

- Core content based on Dan Gallagher's book *The Self-Aware Leader: A Proven Model for Reinventing Yourself* (ATD 2012)
- Public and private cohorts for *The Self-Aware Leader* program with action learning projects
- Train-the-trainer and content license also available

KEYNOTES
Workshops + Meetings

- Virtual + in-person interactive keynotes and workshops with planned pull-through moments
- Topics include self-awareness, Generosity Quotient®, professional authenticity, inclusive leadership, and more
- Teambuilding tied to developing strategy, skill, or community

CONTACT INFORMATION

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GALLAGHER LEADERSHIP